

19-24.01.25



BREAKFAST	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OPTION 1	Continental Breakfast served in the Boarding Houses	American Pancakes, Berry Compote, Vanilla Yoghurt, Maple Syrup (V)	Local Butcher's Pork Sausage, Fried Egg, Baked Beans	Danish Bacon, Baked Beans, Fresh Spinach	Soya & Onion Sausage (V)	'Build a Bap' Danish Bacon, Poached Egg, Spinach	Continental Breakfast served in the Boarding Houses
OPTION 2		Danish Bacon, American Pancakes, Scrambled Egg	Toasted Cheese Rarebit-topped Sourdough (contains egg) (V)	Muffin Omelette served with Fresh Spinach (V)	Local Butcher's Pork Sausage, Hash Brown, Baked Beans	'Build a Bap' Smashed Avocado, Poached Egg, Spinach (V)	
FRUIT/YOGHURT	Homemade Greek Style Yoghurt, Fruit Coulis, Fruit Basket						
BAKERY	Breads, Croissants, Waffles, Blueberry Muffins, Preserves	Sliced Bloomer, All-Butter Croissants, Preserves	Crumpets, Pain au Chocolate', Preserves	Wholemeal Bloomer, Croissants, Preserves	Rustic Sourdough, Pain au Chocolate, Preserves	Waffles, Preserves	Breads, Croissants, Waffles, Blueberry Muffins, Preserves
BREAKFAST BAR	Cereal Selection	Selection of Cereals, Porridge and Toppings					
HYDRATION	Chilled Milk, Selection of Juices, Tea, Hot Chocolate, Coffee Selection						



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LUNCH	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MAIN COURSE 1	'Boarders Brunch' Pork Sausage, Danish Back Bacon	Pepper, Tomato Pasta Tray bake (V)	Chicken and Pepper Korma Curry	'Fuel up For Sports' Chorizo and Cheese Macaroni	'Mid Week Roast' Pork Loin, Seasoning, Apple Sauce	'Fish on Friday' Battered Cod Filletts, or Tuna Bake	N/A
MAIN COURSE 2	Soya and Onion Sausage (V)	Minced Beef Rigatoni	Winter Vegetable Curry With Fruity Raita (V)	'Fuel up For Sports' Cheese and Cherry Tomato Macaroni (V)	Broccoli, Potato and Blue Cheese Bake (V)	Sun Blushed Tomato & Feta Pasty (V)	N/A
THE PREP	N/A						N/A
ON THE SIDE	Sautéed Potatoes, Mushrooms, Baked Beans, Fried Egg	Garlic Bread slices, Garden Peas	Steamed Rice, Poppadums', Mango chutney, Cucumber, Mint Yoghurt Dressing	Focaccia Bread, Broccoli	Creamed Potatoes, Farmhouse Vegetables, Gravy	Skinny Fries, Mushy Peas, Garden Peas	N/A
HOMEMADE SOUP	N/A	Soup of The Day					
PASTA JACKET	N/A	Filling or Sauce of The Day					
SALAD	N/A	Assorted Salad					
HOMEMADE DESSERT	N/A	Lemon and Blueberry Cake	Sticky Toffee Banana Pudding, Custard	Salted Caramel Mousse	Strawberry, Apple Crumble, Custard	Orange Fruit Jelly Whipped Cream	N/A
FRUIT & POTS	Homemade Greek Style Yoghurt, Fruit Coulis, Fresh Fruit Salad						
HYDRATION	Chilled Milk, Selection of Juices						

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SUPPER	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MAIN 1	'Sunday Roast' Turkey Breast, Seasoning, Cranberry Sauce	Mushroom Donner Kebab (V)	Minced Lamb Shepherd's Pie	Cheese and Tomato Cracker Quiche (V)	Lemon and Garlic Butter Chicken Served in Brioche Buns	'Jacket Potato Bar' Various Fillings	N/A
MAIN 2	Leek and Mushroom Parcels	Buffalo Style Pork Ribs	Cheese, Onion Potato Pie (V)	Honey Baked Gammon	Cheesy Bean Burger, Roasted Cherry Tomatoes, Served in Brioche Buns (V)	'Jacket Potato Bar' Various Fillings	N/A
SIDE	Roast & Cream Potatoes, Carrots, Savoy Cabbage Gravy	Herb Diced Potatoes Corn on the Cod with Parsley Butter	Diced Mixed Vegetables, Gravy	Roast Potatoes, Peas, Parsley Sauce	Spiced Potato Wedges, Salad	Green salad, Homemade Coleslaw	N/A
HOMEMADE DESSERT	Apple Pie, Whipped Cream	Rice Krispie Cakes	Fruit Tarts, Whipped Cream	Mango, Apricot and Apple Loaf Cake	Chocolate Crunch, Peppermint Sauce	Mini Doughnuts, Jam sauce	N/A
FRUIT & POTS	N/A	Fresh Fruit Salad, Fruit Basket					
HYDRATION	Chilled Milk, Selection of Juices, Tea, Hot Chocolate, Coffee selection						